



Carbon Reduction Plan

Supplier Name: Wren Psychology Ltd

Publication Date: 01/03/2026

Commitment to Achieving Net Zero

Wren Psychology is committed to achieving **Net Zero carbon emissions by 2050** in line with UK Government and NHS requirements, including alignment with the **NHS Net Zero Supplier Roadmap**.

We are committed to reducing our greenhouse gas emissions across all scopes and to implementing sustainable practices throughout our operations and service delivery.

Baseline Emissions Footprint

Baseline Year: 2024–2025

Additional Details:

As a small organisation delivering predominantly psychological therapy and assessment in person or, our carbon footprint is primarily associated with energy use, digital systems, and staff travel.

Emissions Source tCO₂e

Scope 1	0.0
Scope 2	0.8
Scope 3	3.2
Total Emissions	4.0

Current Emissions Reporting

Reporting Year: 2025-2026

Emissions Source	tCO ₂ e
Scope 1 (Direct emissions – e.g. gas, company vehicles)	0.0
Scope 2 (Purchased electricity)	0.7
Scope 3 (Indirect emissions)	2.8
Total Emissions	3.5

Scope 3 Breakdown (Included Sources)

- Business travel (staff commuting and clinical travel where applicable)
- Homeworking energy use (pro-rated)
- Purchased goods and services (IT equipment, software including Cliniko)
- Waste generated in operations

Emissions Reduction Targets

We have adopted the following carbon reduction targets:

- **Short-term (by 2030):** Reduce emissions by 50% from baseline
- **Long-term (by 2050):** Achieve Net Zero emissions



We will measure progress annually and update our Carbon Reduction Plan accordingly.

Carbon Reduction Initiatives

The following environmental management measures and projects have been implemented and will continue during contract delivery:

Operational Measures

- Use of a **paperless system (Cliniko)** to minimise paper consumption
- Digital communication with service users and stakeholders

Energy and Resource Efficiency

- Encouraging staff to use **energy-efficient equipment** and settings when working remotely
- Promoting reduced energy consumption in homeworking environments
- Minimising waste and promoting recycling

Travel Reduction

- Prioritising remote assessments and meetings
- Limiting in-person appointments to clinically necessary cases only
- Encouraging use of public transport where travel is required

Procurement and Supply Chain

- Preference for digital systems and low-carbon service delivery models
- Consideration of environmental impact when procuring IT and services
- Working with suppliers who demonstrate sustainable practices where possible

Environmental Management During Contract Delivery

In delivering psychological services, we will:

- Maintain a **low-carbon, digitally enabled service model**
- Monitor and review travel requirements to minimise environmental impact
- Continue paperless clinical record-keeping and reporting
- Promote sustainable working practices among staff and associates
- Review and improve carbon reduction measures annually

Declaration and Sign-Off

This Carbon Reduction Plan has been completed in accordance with **PPN 06/21** and associated guidance and reporting standard for Carbon Reduction Plans. Emissions have been reported and recorded in accordance with the **GHG Reporting Protocol corporate standard** and the **UK Government's Environmental Reporting Guidelines**.

This Carbon Reduction Plan has been reviewed and approved by senior management.

Signed:



Wren Psychology Ltd

Name: Dr Michelle Marlborough

Position: Clinical Lead

Date: 01/03/2026

Publication

This Carbon Reduction Plan is published on our company website and is publicly accessible. It will be reviewed and updated annually.