



## ARFID (Avoidant and Restricted Food Intake Disorder) Training course for Schools

**Suitable for:** Teachers, Support staff and midday supervisors working with children and young people with diagnoses of ARFID or complex feeding difficulties, or those with an interest in developing their knowledge in this area.



### **Information about the trainers:**

This course is designed and delivered by members of the multi-disciplinary team at Wren Psychology who are trained and experienced in working with ARFID. This may include a Clinical Psychologist, Specialist Speech and Language Therapist, Dietitian or Assistant Psychologist experienced in the field.

All members of the training delivery team have several years' experience in delivering interventions and training in the area of ARFID and many have been involved in the set-up of both NHS and private services to support children and young people with ARFID. All members of the team have had training via the leading experts in the UK in the field of ARFID.

### **Content includes:**

- Understanding what ARFID and complex feeding difficulties looks like and the criteria for this.
- Understanding the underlying drivers to the difficulties and common co-occurring presentations.
- Understanding the impact and the risks of ARFID or complex feeding difficulties.
- What schools can do to help and what to avoid.
- Additional resources and knowledge about onward referral.
- If there are individuals within the school with the difficulties the training can also include details on their specific presentation and how to support them best.

**Cost:** £500

**Delivery and length:** Virtual for 2 hours, although can be flexible to fit into CPD slots.



**Number of delegates:** There is no limit to this as it is a virtual training course, but there will be more limited time to answer individual questions the larger the group involved.

**How to book:** Please contact us on [contact@wrenpsychology.co.uk](mailto:contact@wrenpsychology.co.uk) to discuss your requirements or call us on 07876 480572.